



DATE: .....  
 NAME: .....  
 NURSING COUNCIL ID: .....  
 DESIGNATION: .....  
 WORKPLACE: .....

A PROFESSIONAL  
 DEVELOPMENT ACTIVITY  
 PROUDLY BROUGHT TO  
 YOU BY **NursingReview**

## RRR LEARNING ACTIVITY:

Reading the article and undertaking this *Thinking Coronary Artery Disease* learning activity is equivalent to 60 minutes of professional development. (This learning activity is relevant to Nursing Council competencies 2.4, 2.6, 2.7, 3.1, 3.2 and 3.3.). Discuss all your answers with a peer.

### A READING

1 Identify the risk factors associated with developing coronary artery disease.  
 What are some of the predisposing risk factors associated with coronary artery disease?

2 What service is available post a cardiac event? Who is on the team?

### B REFLECTION

1 What are your take-home insights or learning? List **three** points from the article.

2 For me personally, the knowledge of secondary prevention of coronary artery disease means that I am able to...

### C REALITY

1 What additional interventions could be introduced to your clinical area to promote effective secondary prevention of coronary artery disease?

Verification by a colleague of your completion of this activity:

(Signature)

COLLEAGUE NAME: .....  
 NURSING COUNCIL ID: .....

DESIGNATION: .....  
 WORK ADDRESS: .....

DATE: .....  
 CONTACT #: .....