

Professional Development

RRR READING, REFLECTION, AND APPLICATION IN REALITY

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Reading the article and completion of this *Peripheral IV Cannulae (PIVC): Saving a line might just save a life* learning activity is equivalent to **60 minutes** of professional development.

This learning activity is relevant to the NZNC competencies 1.1, 1.4, 2.1, 2.2, 2.3, 2.4, 2.5, 2.6, 2.7, 3.1, 3.2, 3.3, 4.1, and 4.3.

Please discuss all your answers with your peer/s.

Learning outcomes

Reading and reflecting on this article will enable nurses to:

- » Recognise the signs and symptoms of phlebitis.
- » Summarise the distinguishing features of the four types of phlebitis.
- » Take appropriate action to reduce the risks of phlebitis.
- » Identify the risk factors and potential causes for IV cannula complications.
- » Reflect on improvements that can be made to nursing practice to reduce IV complications.

A READING

- 1 Read your organisational policy on IV cannulation, care and maintenance. Is it reflective of current evidence-based guidelines?

B REFLECTION

- 1 Reflect on how to increase awareness of the human and financial cost of PIVC complications and failure.
- 2 Reflect on your own practice of caring for a patient who has an IV cannula. What was the reason for the IV cannula insertion? Was the time and date of insertion documented?

C Applying in REALITY

- 1 Review the documentation practices in your workplace and discuss with a peer how this could be improved.
- 2 Identify which Phlebitis Scoring Tool your workplace uses. Discuss the advantages of using a Phlebitis Scoring Tool with a peer.
- 3 What are some changes that you could implement to improve patient outcomes in your workplace with regard to PIVC care and maintenance?

Verification by a colleague of your completion of this activity

Colleague name

Designation

Date

Nursing council ID

Work address

Contact #