

# Professional Development

RRR READING, REFLECTION, AND APPLICATION IN REALITY

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Reading the article and completion of this *Prevention of Catheter-associated Urinary Tract Infections* learning activity is equivalent to **60 minutes** of professional development.

This learning activity is relevant to the Nursing Council competencies 1.1, 1.4, 2.1, 2.8, 2.9, 4.1, 4.2 and 4.3.

Please discuss all your answers with your peer/s.

## Learning outcomes

Reading and reflecting on this article will enable nurses to:

- » define catheter-associated urinary tract infection (CAUTI)
- » describe the pathogenesis of CAUTI
- » identify risk-factors associated with CAUTI
- » identify CAUTI prevention strategies that nurses can implement to promote patient safety.

### A Read the specific evidence-based recommendations under each component of urinary catheter care

- 1 Which among the recommendations is a new learning for you? Discuss why.
- 2 Are the recommendations consistent with your own practice? If not, how do you intend to implement the recommendations in your patient care?

### B Reflection

- 1 Reflecting on your own indwelling catheter care practice, which among the recommendations need to be done more frequently?
- 2 In what ways can your indwelling catheter care practice be improved further?

### C Applying in reality

- 1 Review the clinical policies and guidelines in your workplace. Are they consistent with the evidence-based recommendations presented in the literature?
- 2 Is there any recommendation that is not feasible to implement in your area of practice? If yes, how would you intervene to improve this situation?

### Verification by a colleague of your completion of this activity

Colleague name

Designation

Date

Nursing council ID

Work address

Contact #